



# *The Earth Spirit Journal*

*A bi-monthly Newsletter created with the intention of providing you with thoughts on the evolving shamanic practise of bringing balance between the Earth and Spirit.*

***Have you Enough Belief in Yourself?***

***Are you Hiding Yourself and  
your Light?***

**Welcome to Shamanics in Portugal´s Journal.** Our intention is to provide you our readers, friends and connections with an overview of what is emerging in our much larger, ever evolving community as we bring balance between Father Sky and Mother Earth, and within ourselves.

How have you fared through this first half of August? Old issues still **coming up** to be addressed? This has certainly been the experience of our clients as well as ourselves. Beliefs long forgotten or not even aware of have been **surfacing**. With the impact on energy levels, diet, sleep patterns and, yes, relationships in all their forms.

On the 15<sup>th</sup> Venus and Pluto brought into play transformation through relating. Though on the surface only a week long its influence will be throughout the six months to the next eclipse. The emphasis is on how we **relate** to power, powerful people and so the wielding of power and control in a relationship.

We need emotional honesty to effect transformation in our relationships. Which means knowing how we relate to **power, influence and its exercise**, especially in our own business affairs. For that is a microcosm of our relationship to the world.

This will therefore have an impact in terms of the visibility of our own work. Meaning the question of being **congruent** between our own work and presence and our innermost beliefs will come up. This might need to be addressed publicly or privately.

## Success in...?

Remember **success, power and influence** remain active until the next lunar eclipse on 31st January, 2018. On 17<sup>th</sup> August Venus brought the question of the pleasure of experiencing **our purpose** into play. Usually this day only comes once a year,

though amplified this year by all that is going on there is a different emphasis. We are being asked to break free from any restraint or block which is preventing us from living our purpose in a manner which is true for us.

This was certainly a moment to listen to the insights which arrive. Letting go of the **familiar ways and approaches** you are used to will be important. If the direction you have been thinking you are heading in is not your true calling, you will know it! The earlier you make any changes, the easier it will be!

The day before the eclipse, there was another helping hand to make the changes needed. This boosted optimism, popularity and visibility, meaning **support for your idea or work** will now be easier to obtain. When aligned with purpose there will be a greater willingness to take a risk because it brings into form your purpose.

## Are you Ready to Enjoy Success?

My intention is to start a new **group coaching** programme at the end of August. Our twice monthly calls will help you breakthrough to achieve your desires as to your new business and personal life. To confirm it is for you, schedule a **complimentary strategy session** with me by emailing me at [shamanicsinportugal@gmail.com](mailto:shamanicsinportugal@gmail.com). During this we will work together to:

=> Create a crystal **clear vision** for your personal and conscious business life and the direction you desire to live, embracing your role in the unfolding of the cosmic plan.

=> Uncover hidden **challenges** that may be sabotaging your personal and business growth and perhaps keeping you working too many hours with no freedom or flexibility.

=> Leave this session **renewed, re-energised, and inspired.**

## And now for the Eclipse

Early evening (GMT) of 21st August begins the greatest opportunity gateway of all in this lifetime. Are you ready for **new beginnings**? And if so – what are these for you? What will you plan? What are you willing to do to bring this all about and what are your steps?

**Watch what you are doing, saying, feeling, and fearing this Monday!** Make a note of it as you may find it useful later, maybe even eye opening. There will be a need for great change, so are you willing to follow through with regard to any outdated behaviours around **prejudice and addiction** in all its forms?

As with any new moon, a solar eclipse represents the end of one cycle and the beginning of a new one. The impact though lasts for six months rather than the usual cycle of four weeks. **All**

**possibilities** are on the table so you can put yourself in the forefront of new plans for the future.

Old habits, behaviours and beliefs need to be questioned as you search for the new and innovative ways to progress. This is the ideal moment for a fresh start by setting out your **desires** on a blank sheet of paper.

Now can be the moment **to believe in yourself, your truth, and your power to fully blossom** as you have always desired. It will take facing all those fears and doing it anyway!

This solar eclipse will compliment themes found in the lunar eclipse earlier this month. Together they act as an eclipse sandwich which lasts until the end of January 2018 lunar eclipse. Changes initiated during these months will **impact the remainder** of our lives.

It challenges “you want growth, expansive growth.” For in order to achieve that, you will have to see your **place** in the world differently, who you think you are. You have to look

at how you educate yourself and increase your awareness of your place in the world.

This new moon solar eclipse falls very near to the brightest star of Leo constellation. The Heart of the Lion is one of the most important and most powerful stars in astrology. It brings **success, though danger of loss**. The other main influence on the solar eclipse is Uranus, the planet of change and excitement.

## The Message of this Eclipse

Eclipses used to be feared as being an omen for the death of a king as the moon obscures the sun's glorious rays. This eclipse takes place just above the United States. It states clearly this is an energy of renewal – opportunity is needed for change to come about. Though the energies of the eclipse are for ALL of us – and will be integrated by each on this planet – there is a **deeper focus and reset** continuously being funnelled to and supported by the United States. There are definitely changes about to happen. This will start the process.

For the rest of the world, this eclipse contains the same message: what are you to begin anew and what are the changes you are willing to make to achieve where you want to be or are to be? New alignments and many **great opportunities** are awakening from this eclipse and these go deep into your core!! It will trigger a lot to consider and be open to.

The eclipse highlights energy, ambition and initiative to bring success in new ventures. You will have the power and confidence to make **daring changes** in your life. You can change your appearance to stand out from the crowd, taking pride in what makes you unique.

Higher self awareness, increased intuition and flashes of insight will lead to **self-discovery and revelations**. The eclipse will energise you to complete your desires and set ambitious new personal and professional objectives.

It is an excellent solar eclipse to change destructive or outdated behaviours such as prejudices and addictions. A strong desire to **succeed** together with self pride will break bad habits and provide unexpected new interests and hobbies to replace them.

Greater freedom and curiosity will help you leave your comfort zone and widen your social circle. It will enable you to meet extraordinary people from different ethnic or cultural backgrounds. Whilst meeting new people and initiating change in your life will come naturally, **conscious effort** is needed to take action on your plans.

## The Impact of this Eclipse

Uranus will remove some of the **limitations** that have appeared on the Donald Trump presidency. This will allow implementation of some of his more unconventional policy proposals as well as bringing some success in finding unexpected peace settlements for long standing wars.

Overall this eclipse sandwich suggests rapid bursts of interest and activity. Long term **relationships and permanent change** is possible, suggesting long term growth and happiness will appear due to determined and sustained effort. Particularly when applied through your self awareness and intuition.

Which is why during the sandwich Mercury is also retrograde. For its message is to proceed at a **slower pace**, so we can access

our reflective space and garner the insights bursting forth as to our future days.

**This is the moment for being brave** and revealing those plans (or person) that you have been hiding from the world. It is also a moment to be inventive and to embrace innovation.

With this eclipse it will be very difficult to keep anything in the dark. We will need to be brave enough to be totally, **even brutally honest**, especially with ourselves. We will be forced to bring into the light any secrets, both from ourselves and others.

The heart determines our health and strength as it focuses on how we feel about our internal world—the emotional responses to our own thoughts, ideas, attitudes, and inspiration. To learn more watch this short YouTube video – [“What do I feel in my heart?”](#)

On 25<sup>th</sup> August Saturn goes retrograde, directing us within ourselves. The aim is to show us the areas in our lives that need development. Highlighting those beliefs and internal structures which can enhance or hamper **our evolution**. Where we need to take self-responsibility and develop ourselves.

27<sup>th</sup> August to 10<sup>th</sup> September is a good period if you want to bring stability to **innovation**, expanding your mind and opportunity in different ways. To be socially oriented, making deals and looking for funds for social enterprise.

The previous visible total solar eclipse across the USA was in 1918. The energy is building and something major is once again afoot. Just know that transformation has been initiated, and by 2020, when Pluto returns to the same place it was when the USA was born, we will see **many changes** have taken place and we are living in a new, and I believe, "better" world.

## Through to Mercury going direct

On 2<sup>nd</sup> September surprise actions by yourself or others can create **major magic**, though remember Mercury is still in retrograde. So leave room for manoeuvre in your action plan, for changes will undoubtedly arrive.

The movements on 4<sup>th</sup> and 5<sup>th</sup> September are known for bringing **confusion or disillusionment**. Remember this fog will lift soon so try to not dive too deep into the emotional abyss.

The planet of transportation and communication, Mercury returns to forward movement on 5<sup>th</sup> September. When there is a change in direction this often creates some confusion and awkwardness. Then it is possible to **review** long-term decisions and agreement.

## One Spirit Work

Bookings are being received for our four day event **[Soul Journey to Create Your Very Best Life](#)** (Booking info **[here](#)**) from 21<sup>st</sup> to 25<sup>th</sup> September. On the Thursday evening there will be a sharing circle, and open with a Fire Ceremony on the Friday morning.

Later that day we will mark the equinox and finish Saturday and Sunday with ceremonies we have called "Breathe Your Life into Creation" and "Create Your Life." There will be a closing Fire Ceremony on the Monday morning. There will be a choice of two healing and creating workshops on Friday, Saturday and Sunday.

To book [your Soul Journey go here](#), you can also find more information at [this link](#) (Important: Early Bird **savings of 40€** may still be available, but please act fast.).

To assist those who appreciate their lives will flow far more easily once there is alignment between their purpose and their **daily actions**, we have brought together into [Create Your Destiny](#) the ability for you to discover your purpose. More than that how you can *Create your Destiny*.

Whether it is love, health, freedom or wealth, **all** can be created through your own actions.

We will use the Mayan calendar to identify the potentials and wisdom your soul is seeking to acquire and develop during this lifetime. Known as the Nawal, in Mayan culture this was a very sacred and powerful revelation given by the shaman. **It is your soul's purpose.**

**We invite you** to discover powerful techniques you can use to help yourself (and your clients) finally...**uncover your purpose and ensure your desires align with it. This will ensure your**

**actions no longer** sabotage your ability to have more wealth, more love, better health, and more freedom in your life.

You will join in guided journey work to **discover** and create your destiny.

This is not only possible, it is how we were designed to live! No longer holding yourself back, instead learning how to ask, seek, knock, and **act** from your highest **vision**.

The next *Create Your Destiny* event is in **Copenhagen** from 27<sup>th</sup> to 29<sup>th</sup> October. For details of the latter contact Sofia at: [sofiastefans@gmail.com](mailto:sofiastefans@gmail.com).

The final **Vision Quest** for 2017 is from 9<sup>th</sup> to 12<sup>th</sup> November, with the half day ***Introduction to Shamanic Journeying*** on the morning of 9<sup>th</sup> November

## **And so into the month of Harvesting...**

The full moon rises on 6<sup>th</sup> September. This will be when the seeds we planted in the **spring are coming to fruition**. We have the opportunity to see what is appearing in our lives, as well as what has failed to do so. It is our chance to see just how healthy our thoughts and actions really have been (and maybe still are), as we now reap what we have sown.

This moon is in **Virgo**, when this sign's analytical skills are highly activated so each of us can use them to understand what course of action to take.

The Journal is also available on [YouTube](#) so you can listen to it as well as view some of the scenery where our events are held. To further assist you to stay in the flow of what is evolving, we make almost daily posts on our [Facebook page](#).

*Gregory*

*and the Shamanics in Portugal team*

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*...and please check this out*



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