



The Earth Spirit Journal

A bi-monthly Newsletter created with the intention of providing you with thoughts on the evolving shamanic practise of bringing balance between the Earth and Spirit.

What are you Feeling?

Can you Feel your Dream?

Welcome to Shamanics in Portugal´s Journal. Our intention is to provide you our readers, friends and connections with an overview of what is emerging in our much larger, ever evolving community as we bring balance between Father Sky and Mother Earth, and within ourselves.

The full moon occurred in the early afternoon of the 12th, which means we are fast approaching the **end of the first quarter** of

©2017 Gregory Reece-Smith and Bosque Verde, Lda.
All Rights Reserved - www.shamanicsinportugal.com

2017! Influenced by Venus being retrograde, this moon is asking us to re-evaluate what matters most in our lives?

For many it has been an emotional start for the year as our relationships, including with ourselves, are challenged. The effect being to have moments of feeling a little raw, fragile and a wee bit tender as the choice of walk the path together or take a different one is faced. This though is not a moment for melancholy over what might have been. Rather to rejoice as to the acceptance of **self-responsibility** than hanging on to the “what might have beens”!

For as each of us steps outside of our comfort zone, new golden doors of opportunity are opening and something deep will rise to the surface eager to be birthed. Yes, it may feel scary at being this vulnerable, yet from this place of **deepest surrender** magic is created each and every day. True magic coming from knowing magic is what you create yourself.

Ready to Let Go?

In addition to the influence of Venus´ being retrograde, this full moon took place under the watchful eye of the wounded healer Chiron. Which means you too may find your inner/outer relationships being **challenged** over the next few weeks. The purpose being to let go of: controlling ways in relationships (both with others and yourself); expectations; the need for others to fulfil your needs, and taking responsibility for your own health, wellbeing, happiness and fulfilment.

Relationship issues will continue to arise until Jupiter moves out of Libra in October.

In being called to let go of the need to control every minute detail of our lives we allow our dream to foster magic. Sometimes our mind creates the belief our dream has to follow a certain path. Our mind delighting in its folly of proving how 'spiritual' we are by forcing/controlling an outcome. However, when we let go of the have to's and surrender to the **feeling of the dream**, what unfolds is a reality more beautiful, radiant and enjoyable and fulfilling than any we had previously thought was possible.

With this full moon you may find you will be faced with a choice(s) of letting go of something that you know in your heart is not for you, even though your mind is **unwilling** to let go as you have invested time, money, energy, love into it. Letting it go is a **recognition** of lessons learnt and wisdoms gained rather than failure.

Accelerate your Activism

In addition to the theme of support for purposepreneurs, there is another mobilising social cultural activism. This emphasis will grow over the next two years. Meaning those who integrate the feeling as part of their business will stand for personal change based on social change. For the two are woven together through OUR own values – this is a theme until autumn. My experience is that most know society's values not their own! .

Chiron takes approximately 50 years to complete an orbit around the Sun. Which means for anyone with an age of around 50 its return will bring a profound opportunity for personal growth.

For everything and everyone is being reborn. We are being asked to create freedom from our past, to make **way for the new**. It is about knowing our purpose and what we are going to contribute to the world.

The period to 17th March could be especially stressful for everyone. There will be a feeling of great **frustration**, which could result in some extreme actions being carried out in a fit of haste, not planned at all. The worst kind of surprise!

Uranus on the 17th will make a big push for change. In particular to express our own unique personality, desires and ideas rather than seeking to be the same as everyone else. **March to your drum.**

The moves the next day favour business dealings as well as being an ideal moment to design and draft your long-term plan, taking into account anticipated challenges.

One Spirit Work

What is your vision? A moment to Quest perhaps? The first Vision Quest of 2017 is taking place 23rd to 26th March around the equinox. There will be a half day **Introduction to Shamanic Journeying** on the morning of 23rd March followed in the afternoon by the **Vision Quest**.

A copy of our *All About Fire* workbook will be provided to all who book.

To book a complimentary breakthrough strategy session to know your vision, email us at shamanicsinportugal@gmail.com. Skype, Zoom or similar is available.

Our first **Discovering the Inner Realms...a Journey into Shamanism** of 2017 was rated by its participants as a 9 where 10 is superb. The next one is **22nd and 23rd April**.

In addition to being introduced to the shamanic experience of ritual, creating sacred space, journeying, meeting your guides, power animals you will have the opportunity to connect to the energies of a medicine wheel, stone circle and a labyrinth. These as well as drumming, rattling and chanting are part of the event. After leaving us, third parties commented on the difference in the energy and expressions of the participants. You can of course spend a few more days at Quinta da Luz soaking up the energies and ambience where the event is held, enjoying the mountain views and gardens. Further details are on our web site: www.quintadaluz.org.

Whilst the next few weeks may feel very emotional, the latter part of the month heading into the equinox on 20th March and the new moon on the 28th March brings in the element of fire. Its purpose to transform our existing comfort zones into the new. Until 15th April the Venus retrograde will continue pushing us to clarify the worth of each of our relationships.

The Journal is also available on [YouTube](#) so you can listen to it as well as view some of the scenery where our events are held. To further assist you to stay in the flow of what is evolving, we make almost daily posts on our [Facebook page](#).

Gregory Reece Smith

and the **Shamanics in Portugal** team

If this edition of *The Earth Spirit Journal* was forwarded to you and you would like one to be sent directly to you, please complete the request form at this link: <http://shamanicsinportugal.com/subscribe>

Please **DO** share and distribute this newsletter with as many others as you feel guided to, though please ensure to keep the integrity of its content by including the authors and source website links. Thank you.



[For more information click here](#)

Note: for links in the *Earth Spirit Journal* to work,
you must be connected to Internet ;)