



The Earth Spirit Journal

A bi-monthly Newsletter created with the intention of providing you with thoughts on the evolving shamanic practise of bringing balance between the Earth and Spirit.

Allowing Abundance to Flow to You?

Begin to Build what You Desire

Welcome to Shamanics in Portugal's Journal. Our intention is to provide you our readers, friends and connections with an overview of what is emerging in our much larger, ever evolving community as we bring balance between Father Sky and Mother Earth, and within ourselves.

How has this last part of April been? Felt **trapped and frustrated** yet sure something is stirring? Having to address the detail when it is really the grand vision for your life and perhaps your business you desire to be creating?

Wondering what is the **point** of this hold up?

This all changed with the arrival of the new moon at 12.16 (GMT) on the 26th. It is in the practical, earthy sign of Taurus and will bring a **fresh new energy**. Intensified by being the first in a series of four super moons.

Whilst the new moon will effect a slow change, it is a change nonetheless. Taurus energy will require us to move slowly and to really think about our safety and security. There will therefore be the need to **double check** things and re-assess before moving forward.

Why? Because we are building a foundation for the next eight years of this cycle and so it needs to be solid. Then we can leap ahead with our new beginning. The focus of this new moon is to help each of us find **stability and security** in our life so we can move forward with more ease. Because it will have been built on solid foundations!

This may take time and trial and error, though if you follow the energy of this new moon and allow yourself to be guided, you will find the **perfect spot** to build your empire!

Am I at Ease with Making Money?

For the **few days after** the new moon the current retrograde energy and the super moon made it seem we are still wading through a boggy quagmire.

Whilst this will be short lived, the 26th to the 28th will be intense courtesy of our shadow side. Once again we will be encouraged to **go within** to meet whatever concerns we have in all areas of our life. In particular about generating material, making money and exercising power.

For we need to be comfortable in creating wealth and removing any ambivalence to it. Creating material such as money needs to align with what gives us **pleasure – if it**

does not then you will need to re-think what it is you are doing!

If you know anyone or have clients who have been experiencing **emotional challenges**; working their way through temporary depression; or there have been anxiety or depression issues, these three days are going to be challenging.

The 28th also finds Venus shifting into Aries until 24th May. Meaning there will be a bold fresh and yes, impatient energy toward matters of the **heart**. This is why you will need to ensure the service you offer through living your purpose also aligns with your heart's desire!

On the same day begins another significant shift which lasts until 6th November 2018. This one is requiring each of us to know and then position **realising our purpose** at the very centre of our being. No one is excluded, so it is going to be an interesting period in humanity´s evolution!

Would you like help to understand your purpose, your truth and/or make a new beginning then to book a **complimentary strategy session**, email us at shamanicsinportugal@gmail.com. Skype, Zoom or similar is available.

During this we will work together to:

=> Create a crystal **clear vision** for your personal and business life and the “perfect lifestyle” you desire to live.

=> Uncover hidden **challenges** that may be sabotaging your personal growth and perhaps keeping you working too many hours with no freedom or flexibility.

=> Leave this session **renewed, re-energised, and inspired**.

Observe and Listen

Mercury goes direct in the afternoon of 3rd May, though the shadow period persists until 21st May. As the messenger of the Gods, if Mercury causes any delays or issues in your life, it could be because there is a **message** for you the Gods are trying to deliver!

When disruption does occur, take a moment to pause, reflect and see if perhaps it could be a sign you need to **change direction** or look at **aspects differently**.

The current retrograde is **directing us all** to see clearly what is blocking our way and how with new approaches your “career” or financial situation can improve.

While in retrograde, Mercury is guiding us to take ownership of what we really want with regard to our purpose, our “career”. It is seeking to help us to review our dreams, vision and wishes so each of us is more **aligned** with our full potential.

Once Mercury is direct we move into the space to **make** those long-term decisions, rather than just *thinking* about them.

May offers you Abundance, Growth and Opportunity

April was a 5 month, in essence reminding us we always have the ability to transform

our lives, to evolve using our own powers - even those we did not know we had! May is a 6 month, meaning we now have a strengthened **ability** to respond to what appears to us in a new and bigger way.

For six is the number of **conception**, it is about abundance, growth and delivery of opportunity. Those aspects we discovered within us in April will need our loving support.

Six also marks the end of a cycle, starting again through re-invention and evolution. Not stepping back into old ways, behaviours and patterns. The coming weeks may therefore have a **restlessness** about them as we move up and away toward our highest vision.

The creative new you will appear to assist the new projects, if they align with your full potential? Abundance will flow through these if you are prepared to **be a channel** for it as well as to receive it.

Evolving Relationships?

Whilst relationships are still **under review**, the energies are likely to raise questions about feeling stepped on by others, experiencing a loss of creativity, feeling disempowered, making no progress in your business or career, and being unsure if you even want a career?

It is our **third eye** which will feel the physical or emotional discomfort. More understanding, case studies and guidance on actions are available in [*The Seven Secrets to Living in Harmony*](#). To learn more watch this short YouTube video – [**the 6th Secret “How do I achieve clarity and focus?”**](#)

One Spirit Work

On the 26th we enjoyed first a **Fire ceremony** to end those aspects each no longer wanted in their life and manifesting what was desired in their life. We then celebrated arrival of the **new moon** in a ceremonial way, supported by the Cacao medicine. The ceremonies finished with a talking circle. We will be holding further ceremonies at the new and full moons over the coming months.

6th and 7th May we have **Deepening your Shamanic Practice - The Light of the Shaman**. This is for experienced journeyers who are yet unsure how to develop the practice. Wanting to use journeying to heal deeper issues? Want to learn about working with nature, understanding the guidance of the natural world? What are signs, symbols and omens? These are all part of the event.

We are considering holding several days of ceremonies around the equinox and this may mean we alter the September date of the final **Vision Quest** for 2017. It will also mean we will move the half day **Introduction to Shamanic Journeying** from the morning of 21st September.

Accept your own Power

Until 28th September all our relationships continue to be **under review**. No matter whether it is intimate ones, family

relationships or professional ones, more people will be seeking assistance to address the issues which appear.

There is also the need to review our relationship with power - the choice to **transform** being the ultimate expression of power.

The full moon is late in the evening GMT of 10th May. It is the **Wesak** moon when the veils are thinnest between the Earthly and Energetic planes.

The Journal is also available on [YouTube](#) so you can listen to it as well as view some of the scenery where our events are held. To further assist you to stay in the flow of what is evolving, we make almost daily posts on our [Facebook page](#).

Gregory

and the Shamanics in Portugal team

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