



# *The Earth Spirit Journal*

*A bi-monthly Newsletter created with the intention of providing you with thoughts on the evolving shamanic practise of bringing balance between the Earth and Spirit.*

***Are you Ready to accept Success?***

***When everyone else is Losing their***

***Cool, be at Peace and Calm***

**Welcome to Shamanics in Portugal´s Journal.** Our intention is to provide you our readers, friends and connections with an overview of what is emerging in our much larger, ever evolving community as we bring balance between Father Sky and Mother Earth, and within ourselves.

August is the first 9 Universal month in this 1 Universal year, so it represents the final closure of the previous nine-year cycle – more ends and new beginnings!

Have you felt the **change in energies** over the last week? Though old issues have come to the surface, they had a less intense feel about them. The pattern of sleep seems to be longer, perhaps due to a disturbed night?

There also seemed to be an emphasis on tidying up, clearing away tasks, completing cycles of lack, changing perspective. On the 3<sup>rd</sup> Uranus, the planet of the **unexpected**, went retrograde. This helped us focus on the mundane, which is good in view of what else is underway! It is helping us maintain a sense of peace and calm; I have also been guided to spend more time in Nature, walking, observing and ambling.

The retrograde lasts until the beginning of January 2018. It is also providing a nudge to **shift** mass consciousness towards a more inclusive form of social democracy. Perhaps you can already sense a shift in the attitude toward migration and social/human rights issues? There could also be one in mental health issues as innovation and discovery challenge the old service delivery model.

## Success in...?

The third and final peak of Jupiter's background influence occurred on the 4<sup>th</sup>. This wanted us to succeed and do so in a

major way. Which means now is ideal for focusing on **being outstanding**, through a pet project or career progression. We are being compelled to seek out change through the opportunities which will appear, even if subtle and “ordinary”! The encouragement is to use our intuition, to develop our capability to use it reliably.

**Success, power and influence** are all possible, though be careful to consider your personal life. This is the most likely area to suffer, especially your closest relationships. For the coming lunar eclipse highlights your emotions, home life and partnerships. Its influence remains active until the next lunar eclipse on 31st January, 2018.

Whilst providing an increase in financial flow, personal and professional, the advice is to be aware to stay aligned with your purpose. To remain **congruent** with your inner knowing, maintaining balance and harmony in your life. If not congruent then...

## What is in your Sandwich...?

The evening (GMT) of 7<sup>th</sup> August begins the eclipse sandwich with its **once in a generation** impact. The full moon eclipse energy began around 21<sup>st</sup> July and will continue strongly to the end of October, before finally petering out at the end of January 2018. Its energy can **ignite** an event at any moment during the six month cycle.

This energy is about releasing to **make room for the new**. Eclipses bring surprises. The blotting out of the moon represents a resetting of emotions, clearing away the emotional baggage of the previous six months. It is focusing your attention on relationships in all their forms. From intimate to career, to family and friends, and most importantly with yourself. The key is to be in touch with your own needs and intentions, and those of others, so you can clearly see any imbalances in relationships causing disharmony.

With this full moon, the other movements going on around it are amplifying the drive for personal **happiness, wealth and success**, with an emotional investment in succeeding. If the emotional investment comes from a hurt, the coming six months provide the opportunity to address this hurt and the beliefs it created.

I know myself my drive to succeed came from an event when I was seven. This hurt created a belief achievement would attract the love of my father. So expect memories which **have shaped your life**, no matter how seemingly trivial, to appear seeking to be resolved during this cycle.

Events and personal interactions may produce anger, reactions and words different from your usual ones. This is because the **trigger** relates to past events or other lives that cause that anger etc. within you.

If what you are attempting to succeed at is purposeful and you are aligned with your purpose and soul's desire, this **drive will be amplified**. The reverse of this is that those whose hurt is demonstrated in greed and ruthlessness, will also be amplified. Transformation through self-awareness is being prompted.

This energy will be increased in terms of the attraction for **good fortune** on the 10<sup>th</sup>. Opportunities will open all over the place, especially in relation to purposeful outcomes.

The climate, political customs, leadership, especially political and enterprise will all be impacted by this eclipse. The flow of energy in this cycle will keep repeating in a continuous loop until all the loose ends are tied up and the issues are resolved. This lunar eclipse will create a **turning point in life** through what may appear as a mini-crisis, threat or direct challenge.

## **Are you Ready to Enjoy Success?**

My intention is to start a new **group coaching** programme at the end of August. Our

twice monthly calls will help you breakthrough to achieve your desires as to your new business and personal life. To check if it is for you, schedule a **complimentary strategy session** with me by emailing me at [shamanicsinportugal@gmail.com](mailto:shamanicsinportugal@gmail.com). During this we will work together to:

=> Create a crystal **clear vision** for your personal and conscious business life and the direction you desire to live, embracing your role in the unfolding of the cosmic plan.

=> Uncover hidden **challenges** that may be sabotaging your personal and business growth and perhaps keeping you working too many hours with no freedom or flexibility.

=> Leave this session **renewed, re-energised, and inspired.**

In our **previous edition** we referred to the Mayan new year starting on 26<sup>th</sup> July. The theme for the year can be summarised as: "this new year is ...consciously asking us to tend the gardens of our lives and our relations that we may grow, thrive, ripen, unfold our gifts, and pollinate the flowering of human consciousness."

## **Into the next Mercury Retrograde**

Very early (GMT) on 13<sup>th</sup> August Mercury goes retrograde. This is a significant one which is working in partnership with the eclipses to bring major changes in matters of love, joy of life, work and money. Though for changes to be positive and calm you have to be acting in trust and genuine communication. Mercury goes direct at the beginning of September.

Once again we will be asked to integrate some practicality into our creativity with both the fire and earth being emphasised. Mercury is also suggesting we **slow down**. Sitting between the two eclipses, which are requiring or facing decisions, it will make

the decision making even harder! So it is not the moment to sign contracts or make commitments. Rather consult associates, friends and family, create some space.

The heart determines our health and strength as it focuses on how we feel about our internal world—the emotional responses to our own thoughts, ideas, attitudes, and inspiration. To learn more watch this short YouTube video – [“What do I feel in my heart?”](#)

## One Spirit Work

We are preparing for our four/five day event **Soul Journey to Create Your Very Best Life** from 21 September at 19:00 to 25 September at 13:00. On the Thursday (21<sup>st</sup>) evening there will be a sharing circle, and open with a Fire Ceremony on the Friday morning. Later that day we will mark the equinox and finish Saturday and Sunday with ceremonies we have called “Breath Your Life into Creation” and “Create Your Life.” There will also be a closing Fire Ceremony on the Monday (25<sup>th</sup>) morning. There will be a choice of two healing and creating workshops on each of the three days.

To book visit [Forthcoming Events](#), where you will find more information.

To assist those who appreciate their lives will flow far more easily once there is

alignment between their purpose and their **daily actions**, we have brought together into [Create Your Destiny](#) the ability for you to discover your purpose. More than that how you can *Create your Destiny*.

Whether it is love, health, freedom or wealth, **all** can be created through your own actions.

We will use the Mayan calendar to identify the potentials and wisdom your soul is seeking to acquire and develop during this lifetime. Known as the Nawal, in Mayan culture this was a very sacred and powerful revelation given by the shaman. **It is your soul´s purpose.**

**We invite you** to discover powerful techniques you can use to help yourself (and your clients) finally...**uncover your purpose and ensure your desires align with it. This will ensure your actions no longer** sabotage your ability to have more wealth, more love, better health, and more freedom in your life.

You will join in guided journey work to **discover** and create your destiny.

This is not only possible, it is how we were designed to live! No longer holding yourself back, instead learning how to ask, seek, knock, and **act** from your highest **vision**.

The next *Create Your Destiny* event is in **Copenhagen** from 27<sup>th</sup> to 29<sup>th</sup> October. For details of the latter contact Sofia at: [sofiastefans@gmail.com](mailto:sofiastefans@gmail.com).

The final [Vision Quest](#) for 2017 is from 9<sup>th</sup> to 12<sup>th</sup> November, with the half day ***Introduction to Shamanic Journeying*** in the morning of 9<sup>th</sup> November

## And the Second half of the Sandwich...

And finally the extraordinary solar eclipse on the 21st is going to bring in the fire of transformation. It also starts a new six month phase so the energy will build. Its purpose is to **change outdated behaviours** around prejudice and addiction. It brings together the desire to achieve and succeed, and to break bad habits and patterns which are restricting us.

These will enable bold, confident changes leading to long term success. Determined and sustained effort will bring the growth and happiness you desire.

The Journal is also available on [YouTube](#) so you can listen to it as well as view some of the scenery where our events are held. To further assist you to stay in the flow of what is evolving, we make almost daily posts on our [Facebook page](#).

*Gregory*

*and the Shamanics in Portugal team*

*If this edition of The Earth Spirit Journal was forwarded to you and you would like one to be sent directly to you, please complete the request form at this link: <http://shamanicsinportugal.com/subscribe>*

Please **DO** share and distribute this newsletter with as many others as you feel guided to, though please ensure to keep the integrity of its content by including the authors and source website links. Thank you.

*...and please check this out  
Huge 'Fire Sale' discount on full set  
until 22nd August*



[For more information click here](http://ShamanicsinPortugal.com)

*Note: for links in the Earth Spirit Journal to work,  
you must be connected to Internet ;)*