



The Earth Spirit Journal

A bi-monthly Newsletter created with the intention of providing you with thoughts on the evolving shamanic practise of bringing balance between the Earth and Spirit.

Prepared to Know Your Truth?

Are You Ready to Listen for Your Message?

Welcome to Shamanics in Portugal's Journal. Our intention is to provide you our readers, friends and connections with an overview of what is emerging in our much larger, ever evolving community as we bring balance between Father Sky and Mother Earth, and within ourselves.

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This past year seems to have been one of month by month changes. **December is no different!** Yes we can feel shifts are underway and hints of opportunities are in the air, though for almost everyone we have connected with, not quite yet in the physical!

2017 has carried the theme of new beginnings, it seems this full moon is the end point to that energy. It rose mid-afternoon (GMT) on 3rd December. Only a few hours earlier Mercury began its three week long retrograde. Meaning **communications** will once more be under challenge. In addition this full moon was a super moon – the biggest and brightest of 2017! An optical illusion, known as the "moon illusion," made the moon appear even bigger when close to the horizon compared to when high in the sky.

Ready for a Change in Consciousness?

In addition to the lunar qualities of emotions and instincts reaching their peak at a full moon, the super moon **brings to an end** the tough Saturn in Sagittarius cycle which began in mid-September 2015. Saturn (challenges, tests, waiting games, obstacles, lessons) moved into Sagittarius (the sign ruling foreign people and places, travel and immigration) will finally depart 20th December 2017. Though not before you have answered the question: "what was I supposed to resolve and see during this period"?

It is a moment of truth, the point of no return. This super moon is telling us it is the moment to say **goodbye to this cycle**.

Mercury being retrograde means it is not entirely over, though the general intention and emotion will be there, even if the final details take a while to appear. Bringing us back to the opening remarks!

The other influences on this full moon are Jupiter and Neptune. The moon makes nearly exact aspects to them 13 hours before the full moon. This is a long-lasting aspect, remaining active for most of this moon phase. You can use its **benefits to overcome** the negative influences coming from elsewhere. Thereby encouraging hope, generosity and community spirit. It can be used to counter the pessimistic influence of Mercury whilst it is retrograde until 23rd December.

Do you Know and Accept Your Truth?

Normally with a full moon, this is usually when we harvest seeds planted earlier. This one in Gemini is different. It activates truth and revelation. Gemini energy reminds us to let go of what we thought we knew and open our minds to what we have yet to discover. Its energy is about **curiosity and gathering information**.

What truth are we supposed to see? The revelatory truth that has been **elusive and difficult** for ourselves to see! So, be sure to open your mind and ask questions.

More particularly it is about finding and working with words and synergies to describe the **truth for each of us**. Publication will come later, probably for broadcast in 2018!

The revelation could come in **dreams, visions or meditation**. Remember, when receiving spiritual guidance or using your intuition to also use your rational mind to filter out the usual limiting chatter!

So this full super moon is a call to listen. It is about viewing the component parts of what you are supposed to communicate and the revelations that come with it. If it is not true to you, you will be asked to open your eyes, or **go far deeper** to make the discovery.

If you are seeking to create harmonious relationships in all aspects of your life, The Seven Secrets will help you understand the importance of both giving and receiving love - in both your personal and business life.

With the cosmos emphasising relationships - perhaps YOU are feeling some kind of 'heartache'? Would you like a **FREE Copy of Chapter #4 "What Do I Feel In My Heart"** – from [*The Seven Secrets to Living in Harmony*](#). Use this link to my blog [Free Copy of Secret #4](#) about the heart and I will personally send you a copy by return. The blog includes a link to a video I made on Secret #4.

Yes communication issues will arise with this retrograde, though not in the “usual” manner. It wants you to go inside, into your **darkest recesses** to ensure you do make the discovery.

Ready to Receive Support?

This feeds into the theme Jupiter began creating on the 2nd – it continues through 2018. It favours spiritual and artistic endeavours. For those driven by purpose, a conscious business is one of our greatest artistic creations. Jupiter’s involvement means those in spiritual/artistic enterprises will start accessing **support for growth and richness** of all kinds, including financial growth.

Those who still have an inner conflict about receiving money for their artistic and spiritual endeavours, resolution will be available. The key being to ask the belief not how it was created, rather how it **wants to support you?**

Until 9th December Mars continues to emphasise Libra's influences by focusing on: **collaboration**, finding new balance and compassionate detachment.

In the last edition I mentioned my book [*The Seven Secrets to Living in Harmony*](#) had been **nominated** for the 2017 Readers Choice Awards.

Voting closes on 10th December - are you willing to help me win? If we do then as a thank you I will be holding a free masterclass on **limiting beliefs and how to eliminate them**. To vote go to

the self-help category (3/16) and scroll down to "The Seven Secrets..." - www.tckpublishing.com/readers-choice-voting.

On 13th December the Sun and Mercury conjunct to help you bring your best message and most important learning out into the open. The imperative being to **share your message**. Further support for this is provided by other movements on the 15th and 16th.

These emphasising elimination of the inner divides and instead creating **internal balance** through accepting ourselves for who we are.

This will require we are at **peace** with our internal world—the emotional responses to our own thoughts, ideas, attitudes, and inspiration. This is felt in our heart.

On 14th December the Geminid (named after Gemini) meteor shower will be at its most visible at 06.20.

My next **group coaching** programme opens in December. Its twice monthly calls will help you breakthrough to achieve your desires as to your new business and personal life. To check your suitability, schedule a complimentary meeting by emailing me at shamanicsinportugal@gmail.com. During this we will work together to:

=> Create a crystal **clear vision** for your personal and conscious business life and the direction you desire to live, embracing your role in the unfolding of the cosmic plan.

=> Uncover hidden **challenges** that may be sabotaging your personal and business growth and perhaps keeping you working too many hours with no freedom or flexibility.

=> Leave this session **renewed, re-energised, and inspired.**

To help those ready to move beyond the “usual techniques” to start and/or grow their business I have created a Facebook group [**The Shamanic Business Tribe**](#). It is open to all who are thinking about or already have such a business. Join by clicking on the group name.

One Spirit Work

[**Working with Energy**](#) is a practical discovery of energy and how you can connect with it to help yourself, your family, friends and clients. Each person will complete exercises that empower them to **understand, receive and give** energy. These will enable you to integrate energy work within your daily practice.

☆☆☆ To empower you to cultivate and **use your intuition** we will practice addressing and listening to it. As the intuition communicates in a variety of ways, you will learn how to notice it. Whether as a verbal response, a feeling in your body or a sense of calmness, knowing or anxiety, each can be your intuition. We will also address the role of trust in working with energy.

☆☆☆ To recognise our different **energy bodies** and the nature of

their energy. Learning how to work with each one as well as with all at the same moment.

☆☆☆To recognise through awareness the **impact of emotions** - tight in the physical body when there is a negative emotion such as anger; loose when there is a positive emotion. This affects our world.

This workshop focuses on practical **application and observation**. The next [*Working with Energy*](#) starts our events for 2018. It will be in at Quinta da Luz in Portugal from 2nd to 4th February 2018.

And Now the New Moon to the End of an Era

The new moon in Sagittarius rises on 18th December. It is sandwiched between the love goddess Venus and order-loving Saturn. The **great taskmaster** is only minutes away from leaving Sagittarius, there will not be another for nearly 30 years.

Watch for an "end of an era" and "lessons learned" feel to the new moon – followed by a sensation of coming to ground. And being serious about it. Saturn is re-entering his home of Capricorn for the first time since the late 1980s. The switch is akin to going from being tearful to sobering up in an instant – embracing cold hard facts, recognising what has **lasting value** and what action has to be taken to attain or safeguard it.

We have three years to work on this (and *work is* the operative word), since Saturn will be at home until December 2020. This provides a switch to linking Venus to Uranus in Aries with a focus on matters of the **heart and wallet**.

The Journal is also available on [YouTube](#) so you can listen to it as well as view some of the scenery where our events are held. To further assist you to stay in the flow of what is evolving, we make almost daily posts on our [Facebook page](#).

Blessings to each and everyone

Gregory

and the Shamanics in Portugal team

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...and please remember to vote

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[The Seven Secrets to Living in Harmony](#)
nominated for the 2017 Readers Choice Awards!

*It is listed in **Category #3. Self Help***
(be sure scroll down towards the last quarter of the list)

please vote for it at
<https://www.tckpublishing.com/readers-choice-voting>

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*Note: for links in the Earth Spirit Journal to work,
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