



The Earth Spirit Journal

A bi-monthly Newsletter created with the intention of providing you with thoughts on the evolving shamanic practise of bringing balance between the Earth and Spirit.

Are You Able to Focus on Your Own Growth?

Ready to Open the Doorways of New Opportunities?

Welcome to Shamanics in Portugal´s Journal. Our intention is to provide you our readers, friends and connections with an overview of what is emerging in our much larger, ever evolving

community as we bring balance between Father Sky and Mother Earth, and within ourselves.

Notice any change since the new moon, any new foundations appearing or is it your true values which have emerged? Change is coming whether you are ready or not!

We are now in the light of the May full moon. It rose in the early afternoon (UTC) on the 29th, in Sagittarius. Meaning what is most important is big picture thinking as we are being encouraged to journey to **find our inner truth** and to have the courage to express it.

As a consequence of the recent changes underway you may have found the need for **longer sleep** than usual? This is because sometimes we need to be in the dream state for some of the change to be implemented in all the aspects of our being.

Where Will This Road Lead You?

At last, after a period of intense moons that have set critical milestones and marked developmental changes for almost all of us, the **sky is now once clear again.**

It is not unusual when the full moon occurs in the jovial and expansive Sagittarius, to have a positive energy. This particular full moon though has other influences **amplifying its positive effect.**

We will feel energetic and invigorated, confident and bold, guided by the **knowing we are unique** and not being afraid to let the world know how we feel.

This full moon will bring to fruition whatever **seeds of intent were planted** during the new moon which rose on 15th May.

For there is no conflict between our need for a personal vision and knowing our truth. We have examined our desires, we have made the moves, and we have shifted our stance. Now we begin forming a new vision or to start bringing into creation one already held. With this full moon we know where we stand and **we know we are ready to move on.**

Sagittarius is also the sign of one who leaves convention to take up the quest for greater purpose. Meaning many may be encouraged to **take the leap of leaving the old paradigm of work, instead doing what they love and gives them joy.** Remember Uranus also moved into Taurus on 15th May, so Expect the Unexpected - change is coming whether you are ready or not!

Setting you free to consider calling to the most expanding part of our psyche. The part that likes to **explore and discover** more fulfilling options!

Unsure About Making your Leap?

For Sagittarius propels us to move forwards boldly, to **explore beyond our known horizon** so we may expand our experience.

This is the sign of the quest – wherever our soul may be leading us.

If you feel you have **no choice** to expand your possibilities, you may move into shadow Sagittarius and instead expand your spending or waistband.

The key to expand your world is through saying, 'Yes!' to that which aligns with your **soul's desires**, so each day becomes one of true pleasure as you greet it.

Seeking to make such a change then to gain from my experience of working for KPMG to leading technology companies, coaching fledgling organisations to those the size of the international operations of IKEA, schedule a complimentary **Create your Path** meeting by emailing me at shamanicsinportugal@gmail.com. During this we will work together to:

=> Create a **crystal clear vision** for all aspects of your life and the direction you desire to live, embracing your role in the unfolding of the cosmic plan through the complimentary reading from the Mayan calendar.

=> Uncover hidden **challenges** that may be sabotaging your personal and business growth and perhaps keeping you working too many hours with no freedom or flexibility.

=> Leave this session **renewed, re-energised, and inspired.**

To assist you ahead of the meeting I will provide you with a summary of your soul's purpose using the **Mayan Galactic** calendar. This is based on your own personal galactic signature and the unfolding changes in this edition make this report even more valuable. It has a value of €50 if ordered separately.

Each report details the energies and focus of Your:

=> Conscious Self - who you are and who you are becoming.

=> Higher Self and Guide.

=> Unconscious Self and Hidden Helper.

=> Challenge and Gift. With maturity and awareness this challenge will turn into a Focus. This is what you desire to learn in this lifetime.

=> Compliment - something that comes naturally to you.

And a Little Help from Our Friends

Other alignments will ease the sentimental tension surrounding this full moon and present an outlet for it, through action.

To this is then added a **Grand Trine of Venus, Jupiter and Neptune** in the water signs. It emphasises our most positive emotional qualities, with the effects most noticeable between 28th May and 5th June. Optimism attracts opportunities.

Making this the most **uplifting and lightest month** so far in 2018. Venus governs your heart and all that you value. Jupiter is the planet of expansion and abundance and Neptune the planet of dreams.

This combination opens up your heart to expansion so that you can **fulfil your dreams**. Because this is a ground water trine, there is a sense of flow and connection and joy that will fill your hearts.

It is through this extremely sensitive and inspiring mindset that our senses tingle, we feel optimistic and ready to **embark on the next adventure** our soul desires.

This is the annual Wesak full moon. It will be the moment to make the commitments to yourself about **self-responsibility** and growth. During the Wesak season, the veils are at their thinnest between the physical and the spiritual realms, providing an opportunity to grasp **expanded** levels of understanding.

Indeed, the energies of this Wesak season are the impetus for a new and deeper look at **values** and what people feel is important in the longer term – i.e. what we are creating! Making it an ideal moment to journey.

For at this full moon we are being called to focus on our true nature, to embrace the **truth of who we are** and what connects us and choose to serve the grandest version of the greatest vision of we desire for humanity.

"Bring forth that which is yours, no-one else's. Bring forth the light which is you, no-one else's. Be visible as who you are."

June is an 8 Month

2018 is an 11 Universal year and as a master number this indicates its purpose is for you to **master your life**. However, view June as the opportunity for a much needed break. In numerology, June 2018 is a $6 + 11 = 17$ universal month.

The 11 is reminding you to not lose sight of your **inspired personal purpose**. Not to allow your focus to shift to meeting the needs of others, allowing fixing their issues to distract you from your own path. Rather re-focus your energy on the calling you have to be an inspirational messenger in your life.

This is a **paradigm breaking year** for all, once you decide to be who you really are rather than how you have appeared to date. Meaning, do not forget about your personal leadership and your inspired mission.

The number 6 is a secret to becoming a master manifester. It is reminding you to **focus on your own growth** rather than being pulled by perceived responsibilities and obligations to other people. These will drain your energy.

In numerology both the 6 and 11 are **service oriented** numbers. So they are activating the giver within each of us, that part that

so desperately wants to help uplift humanity, make the world a better place and heal all.

How does this help make you a master manifester? Focus on aligning with your **own feelings and soul's desires**, building your structure not tending the gardens of others. Follow your unique vision so that you shine your unique light onto the world.

When you do that you are yourself and allowing yourself to **lead yourself**.

You probably know 17 reduces to the number 8, which is the number of abundance. It is also the **infinity symbol** on its side and it represents in that sense, flow and regeneration.

When connecting heaven and earth, listening to the voice of your soul and expressing your true self, that is when you **receive abundance**.

The 8 is also encouraging you to expand beyond what you thought was possible. In the water trine Jupiter is expanding your dreams and visions through your heart. Enjoy the process of life. **Enjoy the fun** which is being offered.

One Spirit Work

From 23rd to 24th June we are holding [Discovering the Inner Realms... a Journey into Shamanism](#). In addition to being introduced to the shamanic experience of ritual, creating sacred space, journeying, meeting your guides, power animals you will

have the opportunity to connect to the energies of a medicine wheel, stone circle and a labyrinth as well as visit the Void. These as well as drumming, rattling and chanting are part of the event. After leaving us, third parties commented on the difference in the energy and expressions of the participants.

You can of course spend a few more days at Quinta da Luz soaking up the energies and ambience where the event is held, enjoying the mountain views and gardens. Further details are on our web site: www.quintadaluz.org.

A full list of our events can be found on our [Facebook page](#) as well as our [web site](#).

In response to guidance, I am preparing a new online programme entitled "**Growing your Business through Shamanic Practices.**" Included in its five modules will be: alignment to your soul's desire; accessing guidance through journeying; and bringing balance within and so with Mother Earth.

It will also include breaking though of any beliefs preventing alignment between money and spirituality. I will be seeking a group of people excited to act as **beta testers**. If you are interested [email me](#) with your ideas.

June's New Moon will...

June's new moon in **Gemini** rises in the evening (UTC) on 13th June. It will provide good fortune and protection to yourself and your loved ones. It portends good fortune, lasting happiness and recognition.

At the end of June we will be entering a strong **retrograde cycle**, beginning with Mars. Mars is the planet of motivation and action, and when in retrograde, it really forces us to re-assess instead of forging ahead with our current projects. The effect of the other retrogrades which follow, suggests the last half of 2018 will involve much reflection about the progress of the change and transformation we have initiated!

To Enjoying some Fun

Blessings to all

Gregory

and the Shamanics in Portugal team

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Archived copies of The Journal are also available on [YouTube](#) so you can listen to it as well as view some of the scenery where our Vision Quest is held. To further assist you to stay in the flow of what is evolving, we make almost daily posts on our [Facebook page](#).

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In respect of fulfilling new legal obligations we will shortly be asking you to 'Opt in' to our new-improved dissemination system if you wish to continue to receive alerts relating to the publication of The Earth Spirit Journal and other updates from Shamanics in Portugal including those Special Offers that we may periodically make to subscribers.

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